

Name: _____

Date: _____

About me

My hobbies:

I like learning about...

My favourite:

Food: _____

Colour: _____

Animal: _____

Sport: _____

Season: _____

Who is in my family?:

I like this about school:

I don't like this about school: _____

In my free time, I like to: _____

Name: _____

Date: _____

I Wish My Teacher Knew...

This image shows a full page of white paper with horizontal blue or grey ruling lines. The lines are evenly spaced and run across the width of the page, providing a template for handwriting practice or general writing. There are no margins, text, or other markings on the page.

Name: _____

Date: _____

Daily check in

I feel...

- ☐ Tired
- ☐ Motivated
- ☐ Bored
- ☐ Content
- ☐ Upset
- ☐ Frustrated
- ☐ Neutral
- ☐ Excited
- ☐ Other: _____

Today I feel like drawing...

Would I like my teacher to check in with me privately?

- ☐ Yes ☐ No ☐ Maybe

Today I would like to say...

Name: _____

Date: _____

Weekly Check-in

Today I am feeling:

This week I was feeling:

My favourite part of this week was:

My least favourite part of this week was:

Something I learned this week was:

Name: _____

Date: _____

I feel...

Because...

Because...

Name: _____

Date: _____

What did I do during recess today?

Name: _____

Date: _____

When I Grow Up I Want to be a...

Because...

This image shows a completely blank white rectangular area enclosed within a thin black border. There are no markings, text, or illustrations present on the page.

Name: _____

Date: _____

What happened?

How did it make me feel?

How do I think it made the other person(s) feel?

What did I do?

What could I have done differently?

What should I do now?

Name: _____

Date: _____

My Friends

My friends are:

I know them from:

Together we:

They make me feel: _____

Because they: _____

I make them feel: _____

Because I: _____

Name: _____

Date: _____

This weekend...

I did... with... I went... I ate... I saw... I was feeling... I watched... I played... I talked to... I worked on... I was...

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

Name: _____

Date: _____

Something that Makes Me Sad...

Draw it...

Something that Makes Me Happy...

Draw it...

Name: _____

Date: _____

Learning Check in

How does the word
Learning make me
feel?

- ☐ Excited
- ☐ Bored
- ☐ Neutral
- ☐ Anxious
- ☐ Confused
- ☐ Other: _____

What helps me learn?

- ☐ Seeing/watching
- ☐ Talking/listening
- ☐ Reading/researching
- ☐ Visuals
- ☐ Step by step guides
- ☐ Doing it together
- ☐ Doing it by myself
- ☐ Other: _____

I know a lot about: _____

I want to learn more about: _____

My favourite subject in school is: _____

My least favourite subject in school is: _____

When I get overwhelmed, something that helps is: _____

Name: _____

Date: _____

Project check-in

Subject: _____ Project Type: _____ Due Date: _____

Do I understand what I am supposed to be doing?

No, I'm so lost

Kinda?

Absolutely!

1

2

3

4

5

6

7

8

9

10

I feel:

☐ On track! ☐ Almost finished ☐ Wait, what's going on?

☐ I feel behind ☐ I'm making progress! ☐ I just started

☐ overwhelmed ☐ I may need some help ☐ cruising

What stage of the project am I on?:

☐ Coming up with an idea ☐ Planning ☐ Research

☐ Starting to put it together ☐ Mostly done

☐ Just adding the finishing touches ☐ Finished!

To finish I need to:

